CRÉPES SWEET

*All dusted with powered sugar and whipped cream

A Bit of Heaven 15

strawberry cream cheese, fresh strawberries, blueberries, bananas, berry compote

Banana Nutella 14

bananas, nutella

Strawberry Cream Cheese 14

cream cheese frosting, fresh strawberries

Apple Cinnamon Flambé 14

HANDWICHES

All sandwiches include your choice of sweet potato fries, french fries, waffle fries or fresh fruit. We use only organic chicken.

Hangover Burger 16

special burger blend, cheddar, bacon, shoestring fries, over medium egg, chipotle ketchup, brioche bun, cajun fries

$\textbf{Signature Steak Sandwich} \ 15$

steak, swiss, grilled mushrooms and onions, arcadian blend greens, garlic aioli paste on ciabatta bun

Chicken Pesto 15

grilled chicken, sauteed spinach, mozzarella, tomato, pine nut basil pesto, herb ciabatta bun. italian herb fries

Polo Club 13

chicken, avocado, lettuce, bacon, swiss, honey mustard, whole wheat tortilla wrap

Notorious P.I.G...LT 12

bacon, lettuce, tomato, fried egg, guacamole, mayo, multi-grain toast

M.Y.O. Burger 14

special burger blend, brioche bun, any three toppings, choice of fries *some specialty toppings may be additional

FROM THE GARDEN

All salads are made with organic chicken, organic arcadian blend lettuce, and served with grilled pita.

Steak By the Ocean 18

steak, pecans, dried cranberries, avocado, onion, champagne vinaigrette dressing

Salmon 18

salmon, feta, strawberries, onion, avocado, strawberry balsamic dressing

Coastal Cobb 16

chicken, avocado, bacon, cheddar, cucumbers, tomato, hard-boiled eggs, honey mustard dressing

Mikey's Maurice 16

chopped ham, turkey, swiss, gherkin pickles, iceberg lettuce, maurice dressing

Siesta Key 16

 ${\it chicken, feta, dried\ cranberries, pecans, mandarin\ oranges, avocado, champagne\ vinaigrette\ dressing}$

Ranch - Thousand Island - Champagne Vinaigrette - Honey Mustard - Strawberry Balsamic - Maurice

*Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

MINI FORKS (12 & UNDER)

*Includes fountain drink. Add \$2 for orange juice, \$1 for milk, chocolate milk, hot chocolate or apple juice.

Mickey Mouse Pancake 10

Mickey shaped pancake, chocolate chips, whipped cream, bacon or sausage

Minnie's Chicken & Waffle 10

Minnie shaped waffle, chicken tender

Eggs & Toast 10

choice of eggs, bacon or sausage & toast

French Toast 10

with bacon or sausage

Grilled Cheese & Fries 10

Chicken Fingers & Fries 10

SIDES & EXTRAS

Forked Bites 8

stuffed tater-tots filled with potato, cheddar, bacon, sour cream & chives

Breakfast Meat 6

bacon, thick-cut ham, sausage links, turkey sausage patties, canadian bacon

Corned Beef Hash 8

Side of Eggs 6

Denver Hash Browns 8

cheddar cheese, grilled green pepper and onions

Hash Browns or Skillet Potatoes 6

Side of Avocado 4

Fruit Cup 5

Side of Toast or English Muffin 4

Animal Fries 8

french fries, cheddar, grilled onions, bacon, thousand island dressing

French Fries, Waffle or Sweet Potato Fries 6

DRINKS

Iced Tea and Soda 4

Assorted Juice 4

Freshly Squeezed Orange Juice sm 5/ lg 8

Please ask your server for our full bar menu.

White Milk or Chocolate Milk 5

FROM THE BAR

Assorted Hot Teas 4

Acqua Panna Spring Water 3

CAFÉ

Coffee 4

Cold Brew 5
Espresso 6

Latté 6

Cappuccino 6

Proudly serving







7600 Island Cove Terrace, Sarasota, FL 34240 (941) 355-3672 | Always Free Wi-Fi

FORKEDEATS.COM



FORKED SPECIALTIES

* Upgrade to specialty pancakes for \$2 extra

Cow & Hen 23

steak, two eggs, hash browns or fruit, choice of toast or pancakes

Let's Hash It Out 16

corned beef hash, two eggs, choice of hash browns or fruit, toast or pancakes

Oh So Good Biscuits & Gravy 14

two biscuits, sausage gravy, hash browns or fruit Add eggs for \$3

Bob's Big Breakfast 16

two eggs, sausage, bacon, ham, hash browns, toast, (1) biscuit & gravy

The Basic 11

two eggs, fruit cup, toast

Plain Jane 13

two eggs, choice of meat, hash browns or fruit, toast or pancakes

SIESTA FIESTA

Breakfast Tamales 17

two chicken tamales, cheddar, mozzarella, two over easy eggs, ranchero sauce, verde sauce, sour cream, guacamole, cheesy hash browns

Huevos Rancheros 15

cheese filled tortillas, cheesy hash browns, over easy eggs, ranchero sauce, sour cream, guacamole (add chorizo, \$1 extra)

Chilagiles 15 *we use all natural chicken

chicken, corn tortilla chips, salsa verde, cheesy hash browns, two scrambled eggs, sour cream and guacamole on the side

Baja Breakfast Burrito 15

scrambled eggs, tomato, onion, green peppers, corn, chorizo, guacamole, cheddar, whole wheat tortilla, served with hash browns or fruit

Quesa--Dilla 16 *we use all natural chicken

chicken, chorizo, green pepper, onion, tomato, cheddar, mozzarella, guacamole, sour cream, whole wheat tortilla

GETTIN' BENNY WITH IT

Served on an english muffin with choice of fresh fruit or hash browns

Voodoo Benny 16

chorizo, guacamole, cheddar, two poached eggs, salsa verde

Salmon Benny 16

salmon, avocado slices, spinach, two poached eggs, hollandaise sauce

Pesto Benny 14

pine nut basil pesto, sautéed spinach, mozzarella, tomato, two poached eggs

Forked Benny 14

two poached eggs, canadian bacon, hollandaise sauce

OMELETTES

All omeletts served with choice of hash browns or fresh fruit, and toast or pancakes. Upgrade to specialty pancakes for \$2 extra. Egg whites \$2 extra.

Kickin' Chicken Pomodoro 16 *we use all natural chicken

chicken, tomato, basil, onion, pine nut basil pesto, mozzarella, parmesan, marinara sauce

Egg White Cinco De Mayo 16

ham, chorizo, tomato, onion, cheddar, swiss, guacamole, salsa verde, sour cream, grilled tortilla

Veggie-licious 15

tomato, onion, green peppers, spinach, mushrooms

M.Y.O. "Make Your Own" Omelette 15

Your choice of any three items. Each additional item is \$2 extra.

Protein: ham, sausage, bacon, chorizo (spicy mexican sausage), chicken, turkey sausage, canadian bacon

*Steak or salmon \$4 extra

Veggies: tomato, onion, green peppers, spinach, mushrooms, corn *Avocado \$4 extra

Cheese: american, natural swiss, mozzarella, cheddar, feta

SKILLETS

All served over skillet potatoes with choice of toast or pancakes. Upgrade to specialty pancakes for \$2 extra. Egg whites \$2 extra.

Sinful Steak 17

steak, mozzarella, green peppers, onions, mushrooms

Corned Beef Hash 15

corned beef hash, grilled onion, green pepper, cheddar cheese

The Don 15

american, mozzarella, cheddar, ham, sausage, bacon, choice of eggs

Chorizo 15

chorizo, cheddar, tomato, onion, green pepper, choice of eggs

Vegetarian 15

cheddar, tomato, onion, green pepper, mushrooms, choice of eggs

PANCAKES

*All dusted with powdered sugar *Add fruit to any for \$2.50

Red Velvet 13

cream cheese frosting, cocoa powder

Cinnabun 13

cinnamon swirl, cream cheese frosting

Oreo 13

oreo crumbles, cream cheese frosting, more oreo

Chocolate Chip 13

chocolate chips

Tutti-Frutti Explosion 13

bananas, blueberries, strawberries

Apple Cinnamon Flambé 13

apples, cinnamon

Mr. Chunky Monkey 13

caramel, white chocolate chips, banana

Regular Stack 11

three large pancakes

FRENCH TOAST

*All dusted with powdered sugar *Add fruit to any for \$2.50

Very Berried Treasure 14

challah bread, banana cream cheese, cream cheese frosting, berries, berry compote

Elvis. Hunk of Burnin' Love 15

graham cracker coated challah bread, peanut butter, banana cream cheese, bacon, bananas, berry compote, more bacon

Ms. Strawberry Shortcake 14

graham cracker coated challah bread, strawberries, cream cheese frosting

S'more 14

graham cracker coated challah bread, nutella, marshmallows, more nutella and marshmallows, cream cheese frosting, chocolate syrup drizzle

Graham Cracker Coated French Toast 14

cream cheese frosting

The Count of Monte Cristo 14

thick cut ham, swiss, berry compote

Apple Walnut 14

cinnamon raisin bread, apple walnut cream cheese, apple flambé

Cinnamon Raisin 12

Challah 12

Gluten Free French Toast 12

WAFFLES

*Add fruit to any for \$2.50

Forked Chicken and Waffles 17

fried homemade cajun coated chicken breast, bacon, spicy syrup

Red Velvet 12

cream cheese frosting, cocoa powder

Plain 10

Gluten Free Waffle 10

ON THE HEALTHIER SIDE

*Add fruit to any for \$2.50

Avocado Toast 16

multi-grain toast, choice of egg, slice of avocado and tomato, served with fruit

Fruit Parfait 11

greek yogurt, granola, fresh fruit, berry compote

PB & J Oatmeal 12

oatmeal, scoop of peanut butter, bananas, blueberries, berry compote, granola

Oatmeal

CRÉPES SAVORY

Steak 17

steak, swiss, green peppers, onion, mushrooms

Waterside 16

spinach, ham, mushrooms, onion, tomato, sour cream, swiss, cheddar, over easy eggs

Chicken Florentine 15

chicken, spinach, mushrooms, swiss, hollandaise sauce on the side

The Veggie 14

tomato, onion, green peppers, spinach, mushrooms, swiss