

## CRÉPES SWEET

*\*All dusted with powdered sugar and whipped cream*

**A Bit of Heaven** 17  
strawberry cream cheese, fresh strawberries, blueberries, bananas, berry compote

**Banana Nutella** 15  
bananas, nutella

**Strawberry Cream Cheese** 15  
cream cheese frosting, fresh strawberries

**Apple Cinnamon Flambé** 15

## HANDWICHES

*All sandwiches include your choice of sweet potato fries, french fries, waffle fries or fresh fruit. We use only organic chicken.*

**Hangover Burger** 18  
special burger blend, cheddar, bacon, shoestring fries, over medium egg, chipotle ketchup, brioche bun, cajun fries

**Signature Steak Sandwich** 17  
steak, swiss, grilled mushrooms and onions, arcadian blend greens, garlic aioli paste on ciabatta bun

**Chicken Pesto** 17  
grilled chicken, sauteed spinach, mozzarella, tomato, pine nut basil pesto, herb ciabatta bun, italian herb fries

**Polo Club** 16  
chicken, avocado, lettuce, bacon, swiss, honey mustard, whole wheat tortilla wrap

**Notorious P.I.G...LT** 15  
bacon, lettuce, tomato, fried egg, guacamole, mayo, multi-grain toast

**M.Y.O. Burger** 17  
special burger blend, brioche bun, any three toppings, choice of fries  
*\*some specialty toppings may be additional*

## FROM THE GARDEN

*All salads are made with organic chicken, organic arcadian blend lettuce, and served with grilled pita.*

**Steak By the Ocean** 20  
steak, pecans, dried cranberries, avocado, onion, champagne vinaigrette dressing

**Coastal Cobb** 19  
chicken, avocado, bacon, cheddar, cucumbers, tomato, hard-boiled eggs, honey mustard dressing

**Mikey's Maurice** 19  
chopped ham, turkey, swiss, gherkin pickles, iceberg lettuce, maurice dressing

**Siesta Key** 19  
chicken, feta, dried cranberries, pecans, mandarin oranges, avocado, champagne vinaigrette dressing

*Ranch - Thousand Island - Champagne Vinaigrette - Honey Mustard  
Strawberry Balsamic - Maurice*

*\*Ask your server about menu items that are cooked to order or served raw.  
Consuming raw or undercooked meats, poultry, seafood, shellfish,  
or eggs may increase your risk of food borne illness.*

## MINI FORKS (12 & UNDER)

*\*Includes fountain drink. Add \$2 for orange juice, \$1 for milk, chocolate milk, hot chocolate or apple juice.*

**Mickey Mouse Pancake** 10  
Mickey shaped pancake, chocolate chips, whipped cream, bacon or sausage

**Minnie's Chicken & Waffle** 10  
Minnie shaped waffle, chicken tender

**Eggs & Toast** 10  
choice of eggs, bacon or sausage & toast

**French Toast** 10  
with bacon or sausage

**Grilled Cheese & Fries** 10

**Chicken Fingers & Fries** 10

## SIDES & EXTRAS

**Forked Bites** 10  
stuffed tater-tots filled with potato, cheddar, bacon, sour cream & chives

**Breakfast Meat** 6  
bacon, thick-cut ham, sausage links, turkey sausage patties, canadian bacon

**Corned Beef Hash** 9

**Side of Eggs** 6

**Denver Hash Browns** 9  
cheddar cheese, grilled green pepper and onions

**Hash Browns or Skillet Potatoes** 7

**Side of Avocado** 4

**Fruit Cup** 5

**Side of Toast or English Muffin** 4

**Animal Fries** 9  
french fries, cheddar, grilled onions, bacon, thousand island dressing

**French Fries, Waffle or Sweet Potato Fries** 7

## DRINKS

**Iced Tea and Soda** 4

**Assorted Juice** 5

**Freshly Squeezed Orange Juice** sm 5/ lg 8

**White Milk or Chocolate Milk** 5

**Assorted Hot Teas** 4

**Acqua Panna Spring Water** 4

## FROM THE BAR

Please ask your server for our full bar menu.

## CAFÉ

**Coffee** 4

**Cold Brew** 5

**Espresso** 6

**Latté** 6

**Cappuccino** 6

*Proudly serving*

**LAVAZZA**

**Coca-Cola**

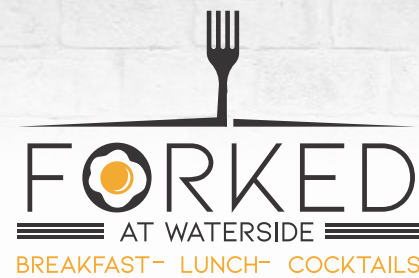


7600 Island Cove Terrace, Sarasota, FL 34240

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**FORKEDEATS.COM**






## FORKED SPECIALTIES

\* Upgrade to specialty pancakes for \$2 extra


-  **Cow & Hen** 24  
steak, two eggs, hash browns or fruit, choice of toast or pancakes
- Let's Hash It Out** 18  
corned beef hash, two eggs, choice of hash browns or fruit, toast or pancakes
- Oh So Good Biscuits & Gravy** 15  
two biscuits, sausage gravy, hash browns or fruit  
Add eggs for \$3
- The Big Hurt** 19  
two eggs, sausage, bacon, ham, hash browns, toast, (1) biscuit & gravy
- The Basic** 11  
two eggs, fruit cup, toast
- Plain Jane** 14  
two eggs, choice of meat, hash browns or fruit, toast or pancakes

## SIESTA FIESTA

-  **Breakfast Tamales** 19  
two chicken tamales, cheddar, mozzarella, two over easy eggs, ranchero sauce, verde sauce, sour cream, guacamole, cheesy hash browns
- Huevos Rancheros** 17  
cheese filled tortillas, cheesy hash browns, over easy eggs, ranchero sauce, sour cream, guacamole (add chorizo, \$1 extra)
- Chilaquiles** 17 \*we use all natural chicken  
chicken, corn tortilla chips, salsa verde, cheesy hash browns, two scrambled eggs, sour cream and guacamole on the side
- Baja Breakfast Burrito** 17  
scrambled eggs, tomato, onion, green peppers, corn, chorizo, guacamole, cheddar, whole wheat tortilla, served with hash browns or fruit
- Quesa--Dilla** 18 \*we use all natural chicken  
chicken, chorizo, green pepper, onion, tomato, cheddar, mozzarella, guacamole, sour cream, whole wheat tortilla


## GETTIN' BENNY WITH IT

Served on an english muffin with choice of fresh fruit or hash browns

-  **Voodoo Benny** 17  
chorizo, guacamole, cheddar, two poached eggs, salsa verde
- Salmon Benny** 17  
salmon, avocado slices, spinach, two poached eggs, hollandaise sauce
- Pesto Benny** 15  
pine nut basil pesto, sautéed spinach, mozzarella, tomato, two poached eggs
- Forked Benny** 15  
two poached eggs, canadian bacon, hollandaise sauce

## OMELETTES

All omeletts served with choice of hash browns or fresh fruit, and toast or pancakes. Upgrade to specialty pancakes for \$2 extra. Egg whites \$2 extra.


- Kickin' Chicken Pomodoro** 17 \*we use all natural chicken  
chicken, tomato, basil, onion, pine nut basil pesto, mozzarella, parmesan, marinara sauce
-  **Egg White Cinco De Mayo** 17  
ham, chorizo, tomato, onion, cheddar, swiss, guacamole, salsa verde, sour cream
- Veggie-licious** 16  
tomato, onion, green peppers, spinach, mushrooms

**M.Y.O. "Make Your Own" Omelette** 15  
Your choice of any three items. Each additional item is \$2 extra.

- Protein:** ham, sausage, bacon, chorizo (spicy mexican sausage), chicken, turkey sausage, canadian bacon  
\*Steak or salmon \$4 extra
- Veggies:** tomato, onion, green peppers, spinach, mushrooms, corn  
\*Avocado \$4 extra
- Cheese:** american, natural swiss, mozzarella, cheddar, feta

## SKILLET

All served over skillet potatoes with choice of toast or pancakes. Upgrade to specialty pancakes for \$2 extra. Egg whites \$2 extra.

-  **Sinful Steak** 17  
steak, mozzarella, green peppers, onions, mushrooms
- Corned Beef Hash** 16  
corned beef hash, grilled onion, green pepper, cheddar cheese
- The Triple** 16  
american, mozzarella, cheddar, ham, sausage, bacon, choice of eggs
- Chorizo** 16  
chorizo, cheddar, tomato, onion, green pepper, choice of eggs
- Vegetarian** 16  
cheddar, tomato, onion, green pepper, mushrooms, choice of eggs

## PANCAKES

\*All dusted with powdered sugar \*Add fruit to any for \$2.50

-  **Red Velvet** 15  
cream cheese frosting, cocoa powder
- Cinnabun** 15  
cinnamon swirl, cream cheese frosting
- Oreo** 15  
oreo crumbles, cream cheese frosting, more oreo
- Chocolate Chip** 15  
chocolate chips
- Tutti-Frutti Explosion** 15  
bananas, blueberries, strawberries
- Apple Cinnamon Flambé** 15  
apples, cinnamon
- Mr. Chunky Monkey** 15  
caramel, white chocolate chips, banana
- Regular Stack** 13  
three large pancakes
- Gluten Free Pancakes** 13  
three large pancakes


## FRENCH TOAST

\*All dusted with powdered sugar \*Add fruit to any for \$2.50

- Very Berried Treasure** 16  
challah bread, banana cream cheese, cream cheese frosting, berries, berry compote
-  **Elvis, Hunk of Burnin' Love** 17  
graham cracker coated challah bread, peanut butter, banana cream cheese, bacon, bananas, berry compote, more bacon
- Ms. Strawberry Shortcake** 16  
graham cracker coated challah bread, strawberries, cream cheese frosting
- S'more** 16  
graham cracker coated challah bread, nutella, marshmallows, more nutella and marshmallows, cream cheese frosting, chocolate syrup drizzle
- Graham Cracker Coated French Toast** 15  
cream cheese frosting
- The Count of Monte Cristo** 15  
thick cut ham, swiss, berry compote
- Apple Walnut** 15  
cinnamon raisin bread, apple walnut cream cheese, apple flambé
- Cinnamon Raisin** 13
- Challah** 13
- Gluten Free French Toast** 13

## WAFFLES

\*Add fruit to any for \$2.50


-  **Forked Chicken and Waffles** 19  
fried homemade cajun coated chicken breast, bacon, spicy syrup
- Red Velvet** 13  
cream cheese frosting, cocoa powder
- Plain** 12
- Gluten Free Waffle** 12

## ON THE HEALTHIER SIDE

\*Add fruit to any for \$2.50

- Avocado Toast** 16  
multi-grain toast, choice of egg, slice of avocado and tomato, served with fruit
- Fruit Parfait** 11  
greek yogurt, granola, fresh fruit, berry compote
- PB & J Oatmeal** 12  
oatmeal, scoop of peanut butter, bananas, blueberries, berry compote, granola
- Oatmeal** 9

## CRÉPES SAVORY

- Steak** 18  
steak, swiss, green peppers, onion, mushrooms
-  **Waterside** 18  
spinach, ham, mushrooms, onion, tomato, sour cream, swiss, cheddar, over easy eggs
- Chicken Florentine** 16  
chicken, spinach, mushrooms, swiss, hollandaise sauce on the side
- The Veggie** 15  
tomato, onion, green peppers, spinach, mushrooms, swiss